

# Cytokine Profiles in Toxoplasmic and Viral Uveitis

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**Background.** Uveitis is a major cause of visual impairment throughout the world. Analysis of cytokine profiles in aqueous humor specimens may provide insight into the physiopathological processes that underly retinal damage in this context.

**Methods.** Using a multiplex assay, we determined the concentrations of 17 cytokines and chemokines in aqueous humor specimens obtained from patients with ocular toxoplasmosis or viral uveitis and compared these concentrations with those in specimens obtained from patients with noninfectious intermediate uveitis or cataract.

**Results.** Five mediators (interleukin [IL]–8, monocyte chemoattractant protein–1, tumor necrosis factor– $\alpha$ , IL-4, and IL-10) were detected in >50% of patients in all groups. In contrast, IL-5 and IL-12 were specific for ocular toxoplasmosis, and granulocyte monocyte colony-stimulating factor and IL-1 were specific for viral uveitis; these mediators could present specific markers for diagnostic purposes. Interferon- $\gamma$ , IL-6, and macrophage inflammatory protein-1 $\beta$  were common markers of ocular toxoplasmosis and viral uveitis. IL-17 was a common marker of ocular toxoplasmosis and intermediate uveitis.

**Conclusions.** We found specific cytokine profiles for each type of uveitis, with large interindividual variations and no etiological or clinical correlations. Ocular cytokine mapping contributes to a better understanding of the physiopathology of specific forms of uveitis and provides guidance for new targeted treatment.

Uveitis is a potentially blinding inflammatory disease that affects individuals of any age. It is the third leading cause of blindness worldwide, accounting for 10%–15% of blindness. Despite huge advances in diagnostic techniques, many cases (35%–50%) remain idiopathic. The agents that most frequently cause infectious uveitis are *Toxoplasma gondii* and herpes simplex virus [1].

Herpes simplex virus is one of the most common infectious causes of uveitis, accounting for up to 9% of cases of anterior uveitis in published series. Herpetic uveitis may affect the sclera, cornea, or anterior or pos-

terior uvea and can present as panuveitis [2]. The infection may manifest in an acute, chronic, or recurrent manner. Acute anterior herpetic uveitis is frequently associated with corneal involvement but may also occur without corneal inflammation [3].

Ocular toxoplasmosis is a major cause of visual impairment throughout the world. It accounts for 30%–50% of all cases of posterior uveitis; the estimated incidence rate in the United Kingdom is 0.4 cases per 100,000 persons per year [4]. In southern Brazil, 17.7% of individuals have been found to have retinal lesions compatible with ocular toxoplasmosis [5]. These figures may not represent the entire burden of ocular toxoplasmosis, because ocular toxoplasmosis is often asymptomatic and biological confirmation is not systematically sought. Necrotizing retinochoroiditis and retinochoroidal scars are the hallmarks of ocular toxoplasmosis and are commonly accompanied by mild anterior uveitis and a vitreous inflammatory reaction [6]. However, *Toxoplasma* parasites are rarely detected in aqueous humor specimens from patients with ocular toxoplasmosis [7], which suggests that

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**Table 1. Clinical and biological characteristics of patients with ocular toxoplasmosis (OT).**

Toxoplasma-specific antibodies														
Patient	Age, years	Sex	Place of origin	Time from first symptom to obtainment of samples, day	Severity of inflammation	Serum samples		Aqueous humor samples						
						IgG level, IU/mL	IgM	IgG avidity	IgG level, IU/mL	IgA index <sup>a</sup>	GW coefficient <sup>b</sup>	IgG immunoblot result	PCR result	Definitive diagnosis
1	19	M	Bern, Switzerland	21	3	280	Neg	CI	290	Neg	Pos	ND	ND	RAOT
2	32	M	Bern, Switzerland	60	1	35	Neg	CI	11	Pos	Pos	ND	ND	RCOT
3	45	M	Bern, Switzerland	14	2	21	Neg	CI	20	Pos	ND	ND	ND	RCOT
4	78	F	Bern, Switzerland	120	2	2000	Pos	CI	162	Pos	Pos	ND	ND	PI
5	58	F	Bern, Switzerland	74	1	420	Neg	CI	85	Pos	Pos	ND	ND	PI
6	45	F	Bern, Switzerland	7	3	85	Pos	AI	12	Pos	Pos	ND	ND	PI
7	24	M	Bern, Switzerland	14	1	118	Neg	CI	86	Neg	Neg	ND	ND	RAOT
8	30	M	Bern, Switzerland	3	2	620	Pos	CI	14	Pos	Neg	Pos	Neg	RAOT
9	40	M	Bern, Switzerland	25	3	265	ND	CI	201	ND	Pos	ND	ND	PI
10	18	F	Bern, Switzerland	27	1	270	Neg	CI	9	Neg	Pos	Pos	ND	PI
11	31	M	Bern, Switzerland	5	1	7	Neg	CI	6	Neg	Pos	ND	ND	RCOT
12	28	M	Bern, Switzerland	14	3	1340	Neg	CI	155	Neg	Pos	Pos	ND	PI
13	74	M	Bern, Switzerland	20	2	260	Neg	CI	74	Neg	Pos	Pos	Neg	PI
14	31	F	Bern, Switzerland	12	2	26	Neg	CI	Neg	Pos	Neg	Pos	Neg	RCOT
15	60	F	Bern, Switzerland	25	3	63	Neg	CI	Neg	Pos	Neg	ND	Neg	PI
16	60	F	Bern, Switzerland	67	0	63	ND	CI	11	ND	Pos	ND	Neg	PI
17	33	F	Bern, Switzerland	10	1	165	Neg	CI	Neg	Pos	Neg	ND	Neg	PI
18	17	F	Bern, Switzerland	8	1	95	Neg	CI	10	Neg	Pos	ND	Neg	RCOT
19	61	M	Bern, Switzerland	14	2	28	Neg	CI	56	Neg	Pos	Pos	Neg	RAOT
20	23	F	Bern, Switzerland	4	1	17	Neg	CI	Neg	Neg	Neg	Pos	Neg	RCOT
21	73	M	Bern, Switzerland	8	3	290	Neg	CI	71	Pos	Neg	Pos	Neg	RAOT
22	33	M	Monastir, Tunisia	4	3	59	Neg	CI	ND	ND	ND	Pos	Neg	RCOT
23	23	M	Monastir, Tunisia	15	2	250	Neg	CI	ND	ND	ND	Pos	Neg	RCOT
24	14	F	Monastir, Tunisia	7	2	46	Neg	CI	ND	ND	ND	Pos	Neg	RCOT
25	49	F	Monastir, Tunisia	10	3	604	Neg	CI	ND	ND	ND	Pos	Neg	RCOT
26	25	F	Strasbourg, France	7	ND	574	Neg	CI	1.27	ND	Pos	Pos	ND	PI
27	65	M	Strasbourg, France	21	ND	110	Neg	CI	0.84	ND	Pos	Pos	ND	PI

**NOTE.** AI, acute infection; CI, chronic infection; GW, Goldman-Witmer; ND, not determined; PI, primary infection; RAOT, reactivated acquired OT; RCOT, reactivated congenital OT.

<sup>a</sup> An index <0.5 was considered to be negative, and an index ≥0.5 was considered to be positive.

<sup>b</sup> A GW coefficient ≥3 was considered to be positive, and a GW coefficient <3 was considered to be negative.

parasite proliferation occurs only during the early phase of infection and that retinal damages may be attributable to subsequent inflammatory processes [8].

Recently, interleukin (IL)-17-producing effector T cells, which are controlled by IL-27, were detected in inflamed brain specimens infected with *Toxoplasma* [9]. A similar pathway is found in experimental autoimmune uveoretinitis [10], which suggests that an autoimmune inflammatory response might contribute to bystander tissue destruction.

Aqueous humor cytokine and chemokine concentrations are elevated in both infectious and noninfectious uveitis [11], and more specific analysis might reveal the mechanisms of retinal damage in uveitis. However, because of the difficulties involved in obtaining aqueous humor samples and because of the limited available specimen volumes (150–200  $\mu$ L), ELISA can only provide quantitative profiles for 3 or 4 cytokines per sample [12]. Currently, with the advent of the multiplex bioassay (Bio-Plex; Bio-Rad), up to 100 different molecules can be quantified simultaneously in a sample volume of 20  $\mu$ L.

In the present study, we used the multiplex assay to study the profiles of 17 cytokines and chemokines in aqueous humor samples obtained from patients with ocular toxoplasmosis and viral uveitis and compared these profiles with those in aqueous humor samples obtained from control subjects with intermediate uveitis or cataract.

## PATIENTS AND METHODS

**Patients with ocular toxoplasmosis.** Paired aqueous humor and serum samples were obtained from 27 patients (14 female and 13 male patients) aged 14–78 years (mean age, 40 years) after the patients provided informed consent, in accordance with the Declaration of Helsinki (table 1). The samples were obtained for routine diagnostic purposes from patients with an active retinochoroidal lesion strongly evoking ocular toxoplasmosis who were seen in ophthalmology departments at 3 locations (Bern, Switzerland; Monastir, Tunisia; and Strasbourg, France). Only 1 patient (patient 13; with ocular toxoplasmosis) had been treated (with corticosteroids) before the aqueous humor sample was obtained. The serum samples were used to compare intraocular cytokine levels with such levels in paired serum samples. The diagnosis of ocular toxoplasmosis was confirmed by using at least 1 of the following methods: (1) local specific IgG antibody assay with the Goldmann-Witmer-Desmonts coefficient, the modified Goldmann-Witmer-Desmonts coefficient, or immunoblot of paired aqueous humor and serum samples [7]; (2) local specific IgA assay [13]; or (3) PCR amplification of *Toxoplasma* DNA in aqueous humor specimens [7].

**Patients with viral uveitis.** The group of patients with viral uveitis consisted of 14 patients (mean age, 60 years) with clini-

cally typical and polymerase chain reaction–confirmed herpes simplex virus type 1 or varicella-zoster virus uveitis, as described in detail elsewhere [14].

**Patients with chronic noninfectious intermediate uveitis.** Thirteen patients (mean age, 32 years) with chronic cellular vitreal infiltration of unknown etiology and without chorioretinal lesions (idiopathic uveitis or sarcoidosis) were included in the group with intermediate uveitis.

**Control group.** The control group consisted of 22 patients (mean age, 62 years) who had undergone routine cataract surgery and had no evidence of any other intraocular pathology on preoperative examination.

**Sample collection and processing.** Aqueous humor samples (100–150  $\mu$ L) were collected by means of anterior chamber paracentesis. Samples were immediately centrifuged at 20,000 g for 3 min, and the supernatant was stored in 25- $\mu$ L aliquots at  $-20^{\circ}\text{C}$  until analysis. Serum samples were stored at  $-20^{\circ}\text{C}$ .

**Cytokine measurement in aqueous humor and serum samples.** The Bio-Plex Human Cytokine 17-Plex Panel assay (Bio-Rad) was used to measure cytokine and chemokine levels in aqueous humor and serum samples. The immune mediators were classified in 5 categories: (1) proinflammatory mediators (IL-1 $\beta$ , IL-6, IL-8, monocyte chemoattractant protein [MCP]–1, and macrophage inflammatory protein [MIP]–1 $\beta$ ), (2) type 1 cytokines (IL-2, IL-7, IL-12, interferon [IFN]- $\gamma$ , and tumor necrosis factor [TNF]- $\alpha$ ), (3) type 2 cytokines (IL-4, IL-5, IL-10, and IL-13), (4) T helper (Th) 17 cytokine (IL-17), and (5) growth factors (granulocyte colony-stimulating factor [G-CSF] and granulocyte monocyte colony-stimulating factor [GM-CSF]).

The cytokine and chemokine assay plate layout consisted of 8 standards in duplicate (1–32,000 pg/mL), 1 blank well (for background fluorescence subtraction), and 50- $\mu$ L duplicates of each aqueous humor or serum sample, diluted 3-fold with Bio-Plex human serum diluent. The Bio-Plex method was performed as recommended by the manufacturer.

Data were analyzed with Bio-Plex Manager software, version 1.1 (Bio-Rad). The index was calculated as the ratio of cytokine concentration in patients with uveitis and the mean concentration plus 3 times the standard error of the mean for each cytokine from the 22 patients with cataract. Indexes were calculated for ocular toxoplasmosis, viral uveitis, and intermediate uveitis. An index  $\leq 5$  was considered to be low positive, an index of 5–10 was considered to be medium positive, and an index  $> 10$  was considered to be high.

**Statistical analysis.** The Kruskal-Wallis test was performed using GraphPad Prism software, version 5, to compare the median titers of immune mediators among the 4 groups of patients. Spearman rank correlation was used to detect correlations among the different mediators.

**Table 2. Profiles of immune mediators in different groups of uveitis.**

Mediator	IU group													Patients, no. (%)	VU group														Patients, no. (%)
	Index, by patient														Index, by patient														
	1	2	3	4	5	6	7	8	9	10	11	12	13		1	2	3	4	5	6	7	8	9	10	11	12	13	14	
IL-1 $\beta$												+++	1 (8)	+++				+++	+++	+++	+++			+++	+++			7 (50)	
IL-6		+			+		+				+		4 (31)					+++	+++	+++	+++	+		+++	+++			7 (50)	
IL-8		+			+		+				+	+	5 (54)	++		+	++	+++	+	++	++	++	+++	+++	++	+	+	12 (86)	
MCP-1	+	+		+	+	+	+			+	+++		9 (69)	+++		+++	+++			+	+	+	+++	+++	+++		+	10 (71)	
MIP-1 $\beta$	+					+				+			3 (23)	+++		++			+	+			++	+++	+++	+	+	9 (64)	
IL-2													0															0	
IL-7													0									+	+					2 (14)	
IL-12					+++							+++	2 (15)					+++						+++				2 (14)	
IFN- $\gamma$		+			+		+				+		4 (31)	++				+++	++	+++	+++		+++	+++	++			8 (57)	
TNF- $\alpha$	+	+	+	+	+	+	+				+	+	+	10 (78)	+			+++	++	+++	++		+++	++				7 (50)	
IL-4	+	+	+							+		+	+	7 (54)	+			++	+	++	++	+		+++	++			8 (57)	
IL-5					+++								1 (8)					+++		+++			+++	+++	+++			5 (36)	
IL-10	+++	++		++	++		++		++	++	++		8 (61)	+++	+	+++		+	+++	+++	++	++	+++	+++	+++	+++		12 (86)	
IL-13					+						+		2 (15)		+			+		+			+					4 (28)	
IL-17	+	+	+				+				+	+	+	7 (54)				+						++				2 (14)	
G-CSF		+		+		+	+			+	+	+	7 (54)	++				+++	+	+++	+++	+		+++	+++			8 (57)	
GM-CSF													0	+	+			+	+	+	+	+		+	+	+	+	11 (78)	

**NOTE.** The index was calculated as the ratio of cytokine concentration in patients with uveitis and the mean concentration plus 3 times the standard error of the mean for each cytokine from the patients with cataract. Lower production (+) was marked by an index <5, medium production (++) was marked by an index of 5–10, and higher production (+++) was marked by an index >10.

## RESULTS

### Comparison of Aqueous Humor and Serum Cytokine Profiles in Patients with Ocular Toxoplasmosis

Paired serum and aqueous humor samples from 27 patients with ocular toxoplasmosis were analyzed. Titers of MIP-1 $\beta$  and IL-7 were significantly lower in aqueous humor samples than in serum samples, although IL-2 levels were similar in both types of samples. The titers of the other 14 mediators were significantly higher in aqueous humor samples than in serum samples.

### Cytokine and Chemokine Profiles in Aqueous Humor Samples

**Proinflammatory mediators.** IL-1 $\beta$ , IL-6, IL-8, MCP-1, and MIP-1 $\beta$  were detected in aqueous humor samples from 30%, 55%, 63%, 55%, and 55% of patients with ocular toxoplasmosis, respectively (table 2). The levels of all of these mediators were higher in samples from patients with ocular toxoplasmosis than in samples from patients with cataract ( $P \leq .002$ ), although IL-8 and MIP-1 $\beta$  levels were higher in samples from patients with ocular toxoplasmosis than in samples from patients with intermediate uveitis ( $P \leq .03$ ), and IL-6 and IL-8 levels were lower in samples from patients with ocular toxoplasmosis than in samples from patients with viral uveitis ( $P = .003$ ) (figure 1).

**Type 1 cytokines.** IL-2, IL-7, IL-12, IFN- $\gamma$ , and TNF- $\alpha$  were detected in samples from 18%, 15%, 52%, 67%, and 85% of patients with ocular toxoplasmosis, respectively (table 2). Levels of all cytokines, except for IL-7, were significantly higher in samples from patients with ocular toxoplasmosis than in samples

from patients with cataract ( $P \leq .001$ ), although only IL-2 and IL-12 levels were higher in samples from patients with ocular toxoplasmosis than in samples from patients with intermediate uveitis ( $P \leq .01$ ) and in samples from patients with viral uveitis ( $P \leq .01$ ). IL-7, IFN- $\gamma$ , and TNF- $\alpha$  levels were similar in samples from patients with ocular toxoplasmosis, samples from patients with intermediate uveitis, and samples from patients with viral uveitis (figure 2).

**Type 2 cytokines.** IL-4, IL-5, IL-10, and IL-13 were detected in samples from 63%, 55%, 63%, and 7% of patients with ocular toxoplasmosis, respectively (table 2). All of the type 2 cytokines were up-regulated in patients with ocular toxoplasmosis, compared with patients with cataract ( $P \leq .02$ ). IL-4, IL-5, and IL-10 levels were higher in samples from patients with ocular toxoplasmosis than in samples from patients with intermediate uveitis ( $P \leq .04$ ), and the type 2 cytokine concentrations were similar in samples from patients with ocular toxoplasmosis and in samples from patients with viral uveitis (figure 3).

**Growth factors.** G-CSF was detected in samples from 44% of patients with ocular toxoplasmosis (table 2). G-CSF levels were higher in samples from patients with ocular toxoplasmosis than in samples from patients with cataract ( $P < .001$ ). Of interest, GM-CSF levels were found to be significantly lower in samples from patients with ocular toxoplasmosis than in samples from patients with cataract ( $P < .001$ ) and in samples from patients with viral uveitis ( $P < .001$ ). Levels of both factors were similar in samples from patients with ocular toxoplasmosis and in samples from patients with intermediate uveitis (figure 4A).

**Table 2. (Continued.)**

Mediator	OT group																											Patients, no. (%)
	Index, by patient																											
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	
IL-1 $\beta$				+++			+++	+++		+++									+++		+++	+++				+++	8 (30)	
IL-6	++	+		+++	+		+++	+++		+++					+++	+++		++	+++		++		+++		+	+++	15 (55)	
IL-8	+			++		+	+++	+		+++				+	++	+		++	++	+	+	++	+++		+	++	17 (63)	
MCP-1	++	+		+++	+		+++	+++		+++					+++	+++		++	+++		++		+++		+	+++	15 (55)	
MIP-1 $\beta$	+		+	+			++	+		++	+		+					+	+		+	+	+		+	+	15 (55)	
IL-2				+++			+++															+++	+++			+++	5 (18)	
IL-7							+						+										+			++	4 (15)	
IL-12							+++			+++	+++	+++		+++	+++		+++	+++	++	+++	+++	++	+++			+++	14 (52)	
IFN- $\gamma$	+		+	++	+		+++	++		+++	++				++	++		+	+++	+	+	++	++		+	+++	18 (67)	
TNF- $\alpha$	+	+	+	+	+	+	++	+	+	+	++	+			+	+			+	+	+	+	++	+	+	+	23 (85)	
IL-4	+	+	+	+	+	+	+	+	+	+												+	+	+	+	+	17 (63)	
IL-5			+++				+++	+++		+++	+++				+++	+++		+++	+++	+++	+++	+++	+++		+++	+++	15 (55)	
IL-10	+++	+	++	+++		++	+++	+		+++					+	++		+++	+++		++	+++	+++		+++	+++	17 (63)	
IL-13							++																			+	2 (7)	
IL-17	+	+	+	+	+	+	+	+		+	+	+				+			+		+		+	+	+	+	19 (70)	
G-CSF	+		+	++			+++	++		++					++				++	+		++	+++		++		12 (44)	
GM-CSF																											0	

**Th17 cytokine.** IL-17 was detected in samples from 70% of patients with ocular toxoplasmosis (table 2). IL-17 levels were higher in samples from patients with ocular toxoplasmosis than in samples from patients with cataract ( $P < .001$ ) and in samples from patients with viral uveitis ( $P < .001$ ); however, IL-17 levels were not different between samples from patients with ocular toxoplasmosis and samples from patients with intermediate uveitis (figure 4B).

#### Individual Variation of Immune Mediators

IL-6, IL-8, MCP-1, MIP-1 $\beta$ , IL-12, IFN- $\gamma$ , TNF- $\alpha$ , IL-4, IL-5, IL-10, and IL-17 were detected in of aqueous humor specimens from >50% patients with ocular toxoplasmosis (table 2). Eight patients (30%) with ocular toxoplasmosis had detectable IL-12 and IL-17. These cytokines were also found in samples from 2 patients (14%) with viral uveitis and in a sample from 1 patient with intermediate uveitis (table 2). IL-8, MCP-1, IL-17, TNF- $\alpha$ , IL-4, IL-10, and G-CSF were up-regulated in samples from >50% of patients with intermediate uveitis; however, only 3 of the 13 patients had detectable levels of all of these mediators (Table 2). IL-1 $\beta$ , IL-6, IL-8, MCP-1, MIP-1 $\beta$ , IFN- $\gamma$ , TNF- $\alpha$ , IL-4, IL-10, and growth factors were detected in samples from >50% of patients with viral uveitis; however, only 3 of the 14 patients had detectable levels of all of these mediators (table 2).

Of interest, 5 mediators (IL-8, MCP-1, TNF- $\alpha$ , IL-4, and IL-10) were detected in samples from >50% of patients in all groups. In contrast, IL-5 and IL-12 were specific for ocular toxoplasmosis, and GM-CSF and IL-1 were specific for viral uveitis; thus, these mediators could present specific markers for diag-

nostic purposes. Finally, IFN- $\gamma$ , IL-6, and MIP-1 $\beta$  were frequently detected in samples from patients with ocular toxoplasmosis and in samples from those with viral uveitis, whereas IL-17 was frequently detected in samples from patients with ocular toxoplasmosis and in samples from those with intermediate uveitis (figure 5).

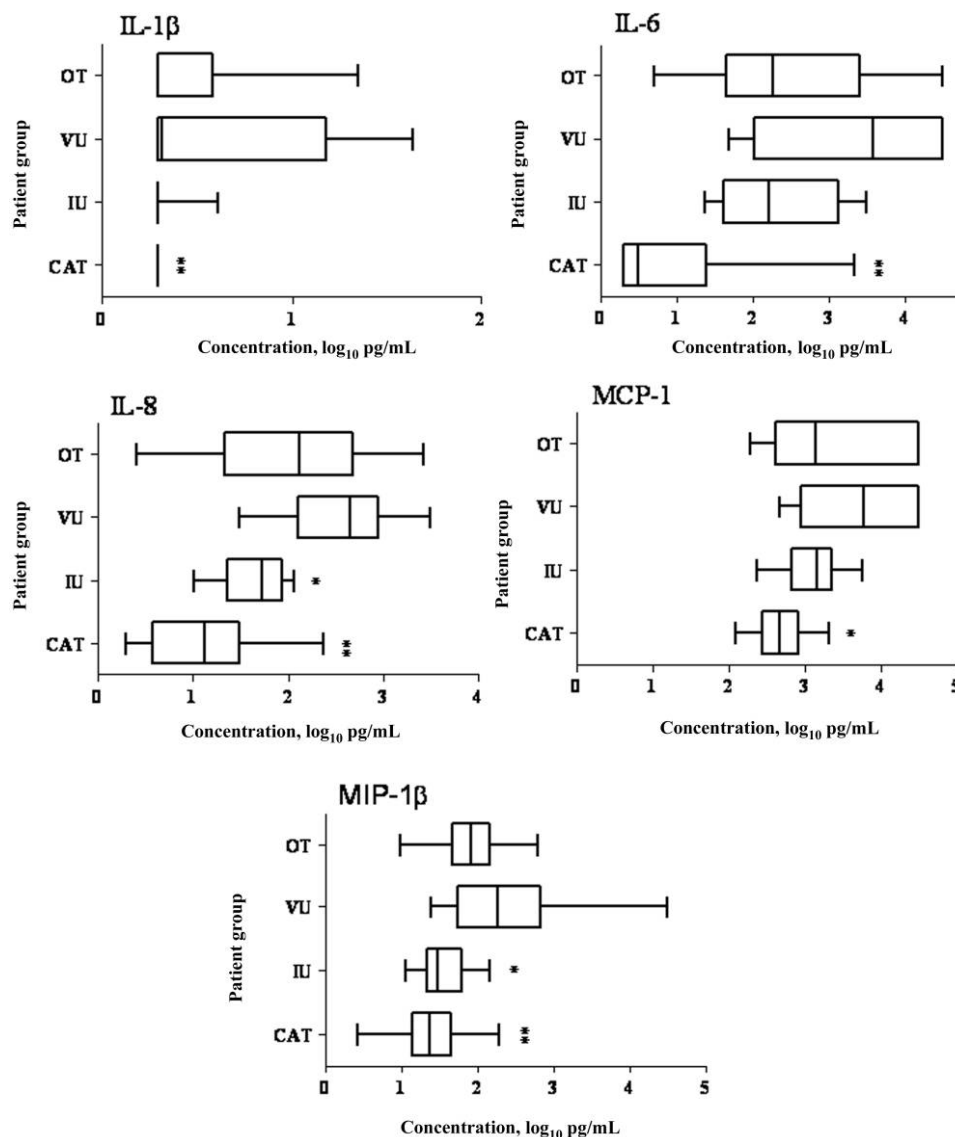
#### Correlation Between Mediator Levels in Aqueous Humor Samples and Clinical Characteristics of Ocular Toxoplasmosis

Local cytokine concentrations in patients with ocular toxoplasmosis did not correlate with age, sex, and region of origin of the patient; time from symptom onset to the obtainment of samples; the degree of uveal inflammation; or the etiology of the infection (primary acquired or congenital).

#### DISCUSSION

We observed higher concentrations of several cytokines in aqueous humor samples than in serum samples. This may indicate that these cytokines are locally secreted or that they are not cleared from the eye as quickly as they are from the serum, perhaps because there are fewer immune cells and, therefore, cytokine receptors in the eye.

B cells and specific antibodies are abundant in human ocular toxoplasmosis and, in addition to recruited macrophages, are likely to play a protective role. Immunohistochemical studies have shown a predominance of T cells and macrophages among the inflammatory cells found in aqueous humor of fetuses and



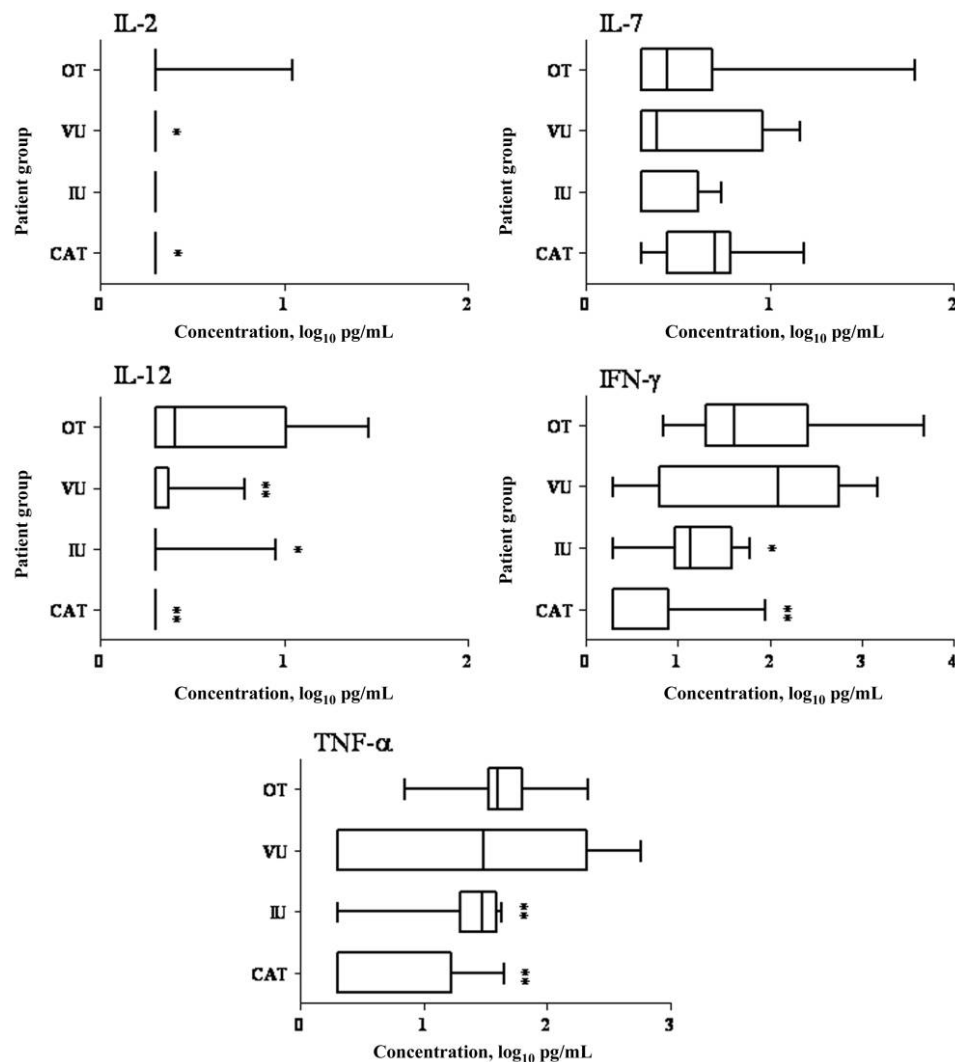
**Figure 1.** Proinflammatory cytokine levels in aqueous humor samples obtained from 22 patients with cataract (CAT), 13 patients with intermediate uveitis (IU), 14 patients with viral uveitis (VU), and 27 patients with ocular toxoplasmosis (OT). Vertical lines represent median values, boxes represent interquartile ranges, and whiskers represent minimum and maximum values. IL, interleukin; MCP, monocyte chemoattractant protein; MIP, macrophage inflammatory protein. \* $P < .05$ , for OT vs. CAT, OT vs. IU, and OT vs. VU; \*\* $P < .001$ , for OT vs. CAT, OT vs. IU, and OT vs. VU.

infants with active disease [15]. The regulatory role of cytokines in this situation is unclear. In mouse models of ocular toxoplasmosis, IFN- $\gamma$ , TNF- $\alpha$ , and nitric oxide play an important role, mainly after primary infection, in the control of acquired ocular toxoplasmosis [16]. The ambiguous role of proinflammatory and immunoregulatory factors in intracellular and, namely, intraocular pathogen infections is still being debated [17]. Human aqueous humor cytokine mapping may be the first step toward addressing this issue.

Proinflammatory mediator (MCP-1, IL-8, and IL-6) levels were increased in aqueous humor samples from patients with ocular toxoplasmosis, as was reported elsewhere for patients with viral uveitis [11]. During toxoplasmic uveitis, these proin-

flammatory mediators could be produced by Müller cells, retinal pigment epithelial cells, or retinal vascular endothelial cells [18–20]. The mediators lead to the recruitment of neutrophils, monocytes, and T lymphocytes, which are essential for clearing the infection. MCP-1 is involved in the recruitment of a particular population of Gr-1<sup>+</sup> monocytes that are capable of lysing *T. gondii* and other intracellular microorganisms [21]. Such infected CD11c<sup>+</sup> and CD11b<sup>+</sup> monocytes were shown to disseminate the infection to the brain in a mouse model [22]. In a mouse model of retinal detachment [23], MCP-1 was shown to play a central role in photoreceptor cell apoptosis and could, thus, contribute to reduced visual acuity in the context of ocular toxoplasmosis and to the triggering of an autoimmune process.





**Figure 2.** Type 1 cytokine levels in aqueous humor samples obtained from 22 patients with cataract (CAT), 13 patients with intermediate uveitis (IU), 14 patients with viral uveitis (VU), and 27 patients with ocular toxoplasmosis (OT). Vertical lines represent median values, boxes represent interquartile ranges, and whiskers represent minimum and maximum values. IFN, interferon; IL, interleukin; TNF, tumor necrosis factor. \* $P < .05$ , for OT vs. CAT, OT vs. IU, and OT vs. VU; \*\* $P < .001$ , for OT vs. CAT, OT vs. IU, and OT vs. VU.

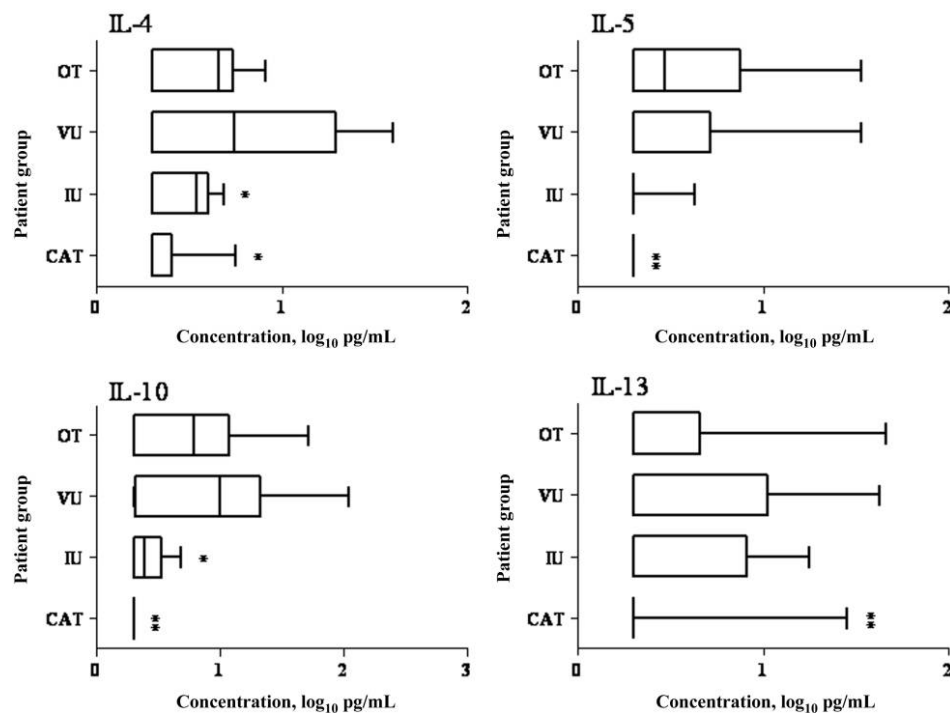
Local production of IL-8 in ocular toxoplasmosis and viral uveitis appears to have a crucial role in neutrophil recruitment to the eye [20]. It is noteworthy that mice lacking IL-8 are more susceptible to *T. gondii* infection than are mice with detectable IL-8 [24].

IL-6 was detected in the 2 forms of infectious uveitis: acute and chronic intraocular inflammation. Müller cells may be a source of IL-6 [20]. IL-6 is considered to be a strong proinflammatory mediator in the eye [25]. The high intraocular concentration of IL-6 in ocular toxoplasmosis could add to the action of chemokines and aggravate the destructive local inflammatory response within the retina. IL-6 inhibits the activity of transforming growth factor (TGF)- $\beta$ , an anti-inflammatory cytokine. TGF- $\beta$  may be the key cytokine for maintenance of anterior chamber-associated immune deviation, for control of intraocular inflammation, and for maintenance of the integrity

of the eye [26]. On the other hand, IL-6 may also have a protective role against parasite proliferation, because *T. gondii*-infected IL-6<sup>-/-</sup> mice have higher parasite loads and more-severe ocular inflammation, compared with IL-6<sup>+/+</sup> mice [27].

Elevated local levels of IL-6 and TGF- $\beta$  have been found in murine ocular toxoplasmosis. IL-6 seems to control the ocular parasite burden and inflammatory activity, whereas TGF- $\beta$  (as a regulator of the ocular immune privilege), in association with IL-10 [28], limits inflammatory activity [27].

Type 1 cytokines play an important role in the control of toxoplasmic infection [29]. We found that ocular IL-12 levels were significantly augmented in ocular toxoplasmosis; this might have been responsible for the local IFN- $\gamma$  and TNF- $\alpha$  production observed in most of our patients. Ocular IFN- $\gamma$  and TNF- $\alpha$  may have 2 effects in ocular toxoplasmosis: (1) limiting *Toxoplasma* proliferation [30] and (2) amplifying the local inflammatory reaction [31].



**Figure 3.** Type 2 cytokine levels in aqueous humor samples obtained from 22 patients with cataract (CAT), 13 patients with intermediate uveitis (IU), 14 patients with viral uveitis (VU), and 27 patients with ocular toxoplasmosis (OT). Vertical lines represent median values, boxes represent interquartile ranges, and whiskers represent minimum and maximum values. IL, interleukin. \* $P < .05$ , for OT vs. CAT, OT vs. IU, and OT vs. VU; \*\* $P < .001$ , for OT vs. CAT, OT vs. IU, and OT vs. VU.

This may explain why *Toxoplasma* DNA was detected in an aqueous humor sample from only 1 of the 17 patients with ocular toxoplasmosis in our study, possibly because of late presentation after symptom onset (mean time from symptom onset to presentation, 22.8 days [range, 3–120 days]). Indeed, *Toxoplasma* undergoes a rapid stage transition in the anterior chamber and is cleared by the immune response [32]. Not surprisingly, IFN- $\gamma$  and TNF- $\alpha$  levels were accordingly augmented in the group of patients with viral uveitis. Studies of mouse models of viral necrotizing retinitis have revealed that herpes simplex virus type 1 infection leads to a remarkable increase in IFN- $\gamma$  and TNF- $\alpha$  expression in chorioretinal tissue [33]. Together, our data confirm the strong type 1 immune response during retinal infection by intracellular microorganisms [30].

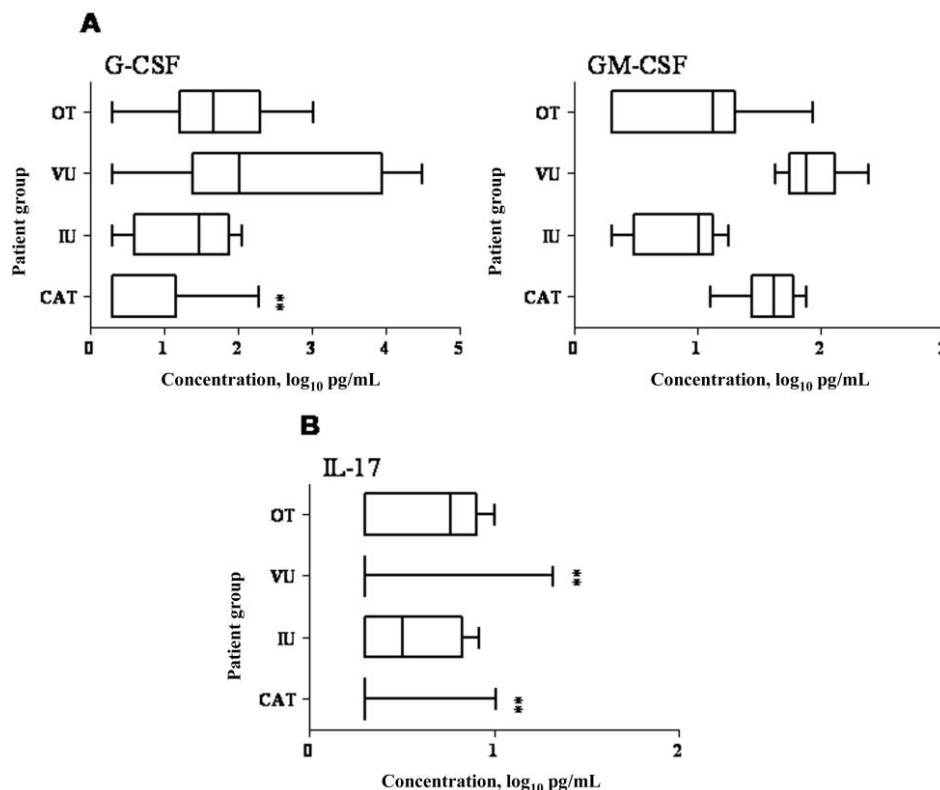
Another pillar of inflammation is IL-17, produced by Th17 lymphocytes, a CD4<sup>+</sup> T cell subset that is considered to be responsible for autoimmune inflammation [34], including autoimmune uveoretinitis [10]. Recently, IL-17 was shown to be involved in murine toxoplasmic encephalitis [9]. We found for the first time, to our knowledge, that IL-17 was up-regulated in 70% of patients with ocular toxoplasmosis. In addition to its anti-*Toxoplasma* role [35, 36], IL-17 stimulates the production of IL-6 and NO and amplifies the local inflammatory response in synergy with other mediators, such as IL-1, TNF- $\alpha$ , and IFN- $\gamma$  [34]. Therefore, it is noteworthy that TNF- $\alpha$  and IFN- $\gamma$  were both strongly up-regulated in our

patients with ocular toxoplasmosis. IL-17 also amplifies local inflammatory responses by recruiting neutrophils and monocytes to sites of infection through the production of IL-8, MCP-1, growth-regulated oncogene- $\alpha$ , and G-CSF [36, 37]. Finally, detection of IL-17 in aqueous humor samples from patients with ocular toxoplasmosis supports the existence of an autoimmune process that results from cytopathic effects to damaged tissues, such as phagocytosis of photoreceptors and retinal pigmented epithelial cells, in the context of ocular toxoplasmosis [38, 39]. It is highly probable that counterbalancing of IL-17 by retinal IL-27 occurs (not determined in our series) [9, 10].

Type 2 cytokine up-regulation in ocular toxoplasmosis and in viral uveitis, namely up-regulation of IL-4, IL-5, and IL-10, may down-regulate the local inflammatory process by inhibiting IL-12, TNF- $\alpha$ -producing macrophages, or Tbet<sup>+</sup>Foxp3<sup>−</sup> lymphocytes [40–42]. Regulation of IL-10-producing cells (Th1, Th2, or even Th17 cells), found in one-third of the patients with ocular toxoplasmosis in our study, seems to be complex, and one of the possible pathways is controlled by IL-27 and TGF- $\beta$  [9, 43, 44].

IL-5 may also have a protective role [45]. It is required for the production of eosinophils and for induction of protective antibodies in adaptive immune responses; thus, it is associated with enhancement of the Th2 response. In our study, 55% of patients





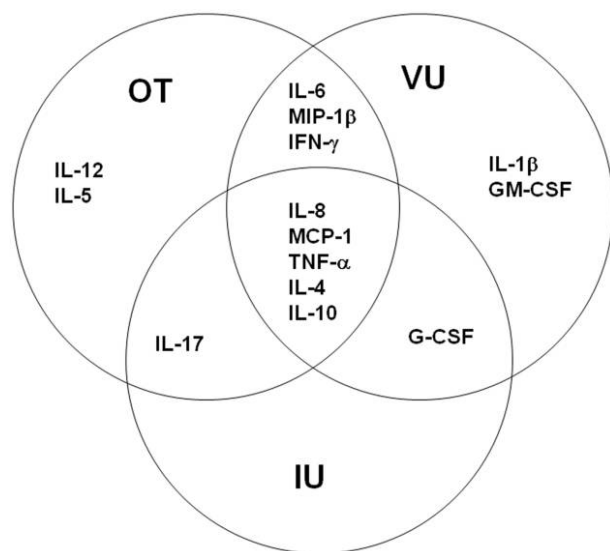
**Figure 4.** Levels of T helper 17 cytokines (A) and growth factors (B) in aqueous humor samples obtained from 22 patients with cataract (CAT), 13 patients with intermediate uveitis (IU), 14 patients with viral uveitis (VU), and 27 patients with ocular toxoplasmosis (OT). Vertical lines represent median values, boxes represent interquartile ranges, and whiskers represent minimum and maximum values. G-CSF, granulocyte colony-stimulating factor; GM-CSF, granulocyte monocyte colony-stimulating factor; IL, interleukin. \* $P < .05$ , for OT vs. CAT, OT vs. IU, and OT vs. VU; \*\* $P < .001$ , for OT vs. CAT, OT vs. IU, and OT vs. VU.

with ocular toxoplasmosis had high levels of IL-5, which was associated with elevated production of IL-12 and IFN- $\gamma$ . This finding provides a new observation with regard to the role of IL-5 in the regulation of IL-12 and IFN- $\gamma$  (which was reported elsewhere [46]). Moreover, IL-4, IL-5, and IL-10 may be responsible for local IgG production during *Toxoplasma* infection [47].

Of interest, GM-CSF seemed to be specifically produced in viral uveitis in our study; however, in a previous clinical study on herpes uveitis, the authors did not find any GM-CSF in aqueous humor samples [11]. In contrast to our findings for GM-CSF, up-regulation of G-CSF occurred in the context of the other forms of uveitis. G-CSF delays neutrophil apoptosis and may thus prolong the inflammatory process in the eye [48].

We found a wide variation of cytokine levels produced among all samples demonstrating uveitis. However, we found no correlation between cytokine titers and clinical characteristics in ocular toxoplasmosis, which suggests that genetic factors are involved in cytokine production [49], as was shown in murine ocular toxoplasmosis [50]. In this context, up-regulation of IL-12 and IL-17 in the absence of GM-CSF seems to be a particularly interesting profile.

In conclusion, we observed wide interindividual variations in local cytokine concentrations among samples obtained from patients with infectious uveitis. However, acute viral ocular infections result mostly in explosive production of chemokines, of which GM-CSF is the most representative. In semichronic or chronic uveitis, ocular toxoplasmosis or intermediate uveitis shared Th1- and Th17-weighted local cytokine profiles; IL-5 and IL-12 were more specific for ocular toxoplasmosis. These data support the hypothesis of a microorganism-induced inflammatory response that is probably derived from MCP-1 and IL-8 recruited monocytes, neutrophils, and T cells. Type 2 cytokine response, observed in all 3 types of uveitis, counterbalances the ongoing ocular inflammatory process. The ocular immunoprivileged site thus creates such a counterproductive consequence of its ability to specifically exclude infiltrating T cells and macrophages. The resulting imbalance may result in the observed retinal damage. Ocular cytokine mapping may, thereby, not only contribute to a closer understanding of the pathophysiological characteristics underlying uveitis but also provide guidance for the detection of new treatment targets, such as GM-CSF, IL-17, IL-6, and even TNF- $\alpha$ . This information may serve



**Figure 5.** Schematic representation of cytokine profiles of different types of uveitis. Data are from samples obtained from 22 patients with cataract, 13 patients with intermediate uveitis (IU), 14 patients with viral uveitis (VU), and 27 patients with ocular toxoplasmosis (OT). The chemokines and cytokines in the circles and their intersections were detected in >50% of patients in each group. G-CSF, granulocyte colony-stimulating factor; GM-CSF, granulocyte monocyte colony-stimulating factor; IFN, interferon; IL, interleukin; MCP, monocyte chemoattractant protein; MIP, macrophage inflammatory protein; TNF, tumor necrosis factor.

as a rational basis to introduce targeted local use of cytokine bioregulators.

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